

BreastCheck

An Clár Náisiúnta Scaghástála Gioc
The National Breast Screening Programme

- Offers free breast screening (mammograms) to over 285,000 women aged 50 to 69 every 2 years.
- Aims to detect breast cancer at the earliest possible stage, when it is easier to treat.
- Offered in women's local communities at 4 static and 21 mobile units.
- Appointment time or dates can be easily changed.
- Most mammogram results are normal.
- Over 2 million mammograms provided since 2000.
- Detected over 14,400 cancers, mostly at an early stage.
- Women are recommended to check their breasts regularly and visit their GP with any concerns.
- **For more information Freephone 1800 45 45 55 or visit www.breastcheck.ie**

CervicalCheck

AN CLÁR NÁISIÚNTA SCAGHÁSTÁLA CEIRBHEACS
THE NATIONAL CERVICAL SCREENING PROGRAMME

- Offers free cervical screening to almost 1.2 million women (aged 25-29 every 3 years, and aged (30-65 every 5 years).
- Aims to detect cervical cancer at the earliest possible stage, when it is easier to treat.
- CervicalCheck moved to HPV cervical screening in March 2020.
- HPV cervical screening is a better way of screening for cervical cancer and means some people will need fewer tests.
- Screening can be carried out at any registered GP practice or clinic (over 4,500 nationwide).
- A cervical screening test checks the health of your cervix.
- Cervical screening is not a test for cancer, it's a test to see if you are at risk of developing cancer.
- Most cervical screening test results are normal.
- Over 3 million cervical screening tests provided since 2008.
- Over 130,000 abnormalities detected up to year 11, many of which could have developed into cervical cancer.
- 18 out of 20 people will have abnormal cells found through new HPV cervical screening.
- It is important to attend for your free cervical screening test every time you are called.
- People with concerns or symptoms should visit their GP.
- **For more information Freephone 1800 45 45 55 or visit www.hse.ie/cervicalcheck**

BowelScreen

An Clár Náisiúnta Scaghástála Putóige
The National Bowel Screening Programme

- Offers free home bowel screening for approximately 250,000 men and women aged 60 to 69 every 2 years.
- Aims to find bowel cancer or pre-cancerous changes at the earliest possible stage, when they are easier to treat.
- A home test is sent directly to the person's home if they are on our register and have consented to receive it.
- The screening test is a simple way to check for small amounts of blood in your stool (poo).
- Most home bowel screening test results are normal.
- BowelScreen has detected over 1,200 cancers since 2012.
- Detected and removed almost 34,000 pre-cancerous growths, that could have developed into bowel cancer.
- Over 2,800 people diagnosed in Ireland with bowel cancer in 2019/20.
- Bowel cancer is the third most common cancer in men and the fifth most common cancer in women.
- Anyone with concerns or symptoms should visit their GP.
- **For more information Freephone 1800 45 45 55 or visit www.bowelscreen.ie**

Diabetic RetinaScreen

An Clár Náisiúnta Scaghástála Reitíní do Dhiaibéitigh
The National Diabetic Retinal Screening Programme

- Offers free diabetic retinopathy screening for people with Type 1 or Type 2 diabetes, aged 12 and over.
- Aims to detect and treat diabetic retinopathy at an early stage, to reduce damage to a person's sight.
- Diabetic retinopathy is a complication of diabetes affecting the blood vessels in the retina at the back of the eye.
- Detected retinopathy in over 5,000 people since 2013.
- Screening is done using special digital photography at over 100+ screening clinics nationwide.
- Anybody with Type 1 or Type 2 diabetes is at risk.
- Appointment time and date can be changed easily.
- An appointment takes about half an hour.
- Anyone with concerns or symptoms should visit their GP.
- **For more information Freephone 1800 45 45 55 or visit www.diabeticretinascreen.ie**

- It is important to attend your free screening test when you are invited.
- We continue to emphasize to our participants that the four screening programmes are for well people within the population age range and is not a symptomatic service.
- If a person has any concerns or symptoms, we strongly encourage them to contact or attend their GP to ensure that they are given the appropriate advice or referral.

BreastCheck

An Clár Náisiúnta Scagthástála Cíche
The National Breast Screening Programme

- Cuireann seo scagthástáil cíche (mamagram) ar fáil do bhreis agus 285,000 bean idir 50 agus 69 bliain d'aois gach 2 bhliain.
- Tá mar chuspóir aige ailse chíche a bhrath a luaithe agus is féidir, nuair is éasca cóir leighis a chur air.
- Cuirtear ar fáil do mhná é ina bpobail áitiúla ag 4 aonad statacha agus 21 aonad soghluaiste.
- Is féidir amanna nó dátaí coinne a athrú gan stró.
- Tugann formhór na dtorthaí mamagram le fios go bhfuil rudaí mar is gnách.
- Cuireadh breis agus 2 milliún mamagram ar fáil ó 2000.
- Braitheadh breis agus 14,400 ailse, a raibh luathchéim bainte amach ag an gcuid is mó díobh.
- Moltar do mhná a gcíocha a sheiceáil go rialta agus cuairt a thabhairt ar a DG má bhíonn aon bhuarthaí orthu.
- **Chun teacht ar eolas breise, glaoigh ar Shaorghlao 1800 45 45 55 nó tabhair cuairt ar www.breastcheck.ie**

CervicalCheck

AN CLÁR NÁISIÚNTA SCAGTHÁSTÁLA CEIRBHEACS
THE NATIONAL CERVICAL SCREENING PROGRAMME

- Cuireann seo scagthástáil ceirbheacs saor in aisce ar fáil do beagnach 1.2 milliún bean (aois 25-29 gach 3 bliana, agus aois 30-65 gach 5 bliana).
- Tá mar chuspóir aige ailse cheirbheacs a bhrath a luaithe agus is féidir, nuair is éasca cóir leighis a chur air.
- D'aistrigh CervicalCheck go dtí scagthástáil ceirbheacs HPV i Márta 2020.
- Bealach níos fearr é scagthástáil ceirbheacs HPV chun scagthástáil a dhéanamh ar ailse cheirbheacs agus beidh níos lú tástálacha ag teastáil ó roinnt daoine dá bharr.
- Is féidir scagthástáil a dhéanamh ag aon chleachtas nó clinic cláraithe DG (tá breis agus 4,500 ceann ar fud na tíre).
- Déanann scagthástáil ceirbheacs sláinte do cheirbheacs a sheiceáil.
- Ní tástáil ar ailse é scagthástáil ceirbheacs, tástáil é a fhéachann an bhfuil an baol ann go dtiocfaidh ailse ort.
- Tugann formhór na dtorthaí scagthástála ceirbheacs le fios go bhfuil rudaí mar is gnách.
- Cuireadh breis agus 3 milliún scagthástáil ceirbheacs ar fáil ó 2008.
- Braitheadh 130,000 rud as an ngnách sna chéad 11 bhliain agus d'fhéadfadh ailse cheirbheacs eascairt as seo.
- Aimseofar cealla neamhghnácha trí scagthástáil ceirbheacs nua HPV i measc 18 as 20 duine.
- Tá sé tábhachtach freastal ar do scagthástáil ceirbheacsach saor gach uair a fhaigheann tú coinne.
- Ba chóir dóibh siúd atá imníoch nó le siomptóim cuairt a thabhairt ar a DT.
- **Chun teacht ar eolas breise, glaoigh ar Shaorghlao 1800 45 45 55 nó tabhair cuairt ar www.hse.ie/cervicalcheck**

BowelScreen

An Clár Náisiúnta Scagthástála Putóige
The National Bowel Screening Programme

- Cuireann seo scagthástáil putóige ar fáil do bhreis agus 250,000 fear agus bean idir 60 agus 69 bliain d'aois gach 2 bhliain.
- Tá mar chuspóir aige ailse phutóige nó athruithe réamhailseacha a aimsiú a luaithe agus is féidir, nuair is éasca cóir leighis a chur orthu.
- Seoltar tástáil a dhéantar sa bhaile go díreach chuig teach an duine má tá siad ar ár gclár agus má thug siad toiliú é a fháil.
- Bealach simplí é an scagthástáil lena sheiceáil an bhfuil méideanna beaga fola i d'fhaecas (cac).
- Tugann formhór na dtorthaí scagthástála putóige le fios go bhfuil rudaí mar is gnách.
- Bhrath BowelScreen breis agus 1,200 ailse ó 2012.
- Rinne sé beagnach 34,000 fás réamhailseach a bhrath agus a bhaint, a bhféadfadh gur fhorbair siad ina n-ailse phutóige ina dhiaidh sin.
- Diagnósíodh go raibh ailse phutóige ar 2,800 duine in Éirinn in 2019/20.
- Is í ailse phutóige an tríú hailse is coitianta i measc fear agus ban agus is é an cúigiú hailse is coitianta i measc ban.
- Ba cheart do dhuine ar bith a bhfuil comharthaí nó buarthaí orthu cuairt a thabhairt ar a DG.
- **Chun teacht ar eolas breise, glaoigh ar Shaorghlao 1800 45 45 55 nó tabhair cuairt ar www.bowelscreen.ie**

Diabetic RetinaScreen

An Clár Náisiúnta Scagthástála Reitíní do Dhiaibéitigh
The National Diabetic Retinal Screening Programme

- Cuireann sé scagthástáil reitineapaite diaibéití ar fáil do dhaoine a bhfuil Diaibéiteas Chineál 1 nó Chineál 2 orthu agus atá 12 bhliain d'aois nó níos sine.
- Tá mar chuspóir aige reitineapaite dhiaibéiteach a bhrath agus cóir leighis a chur air ag luathchéim, chun an díobháil a dhéantar do radharc duine a laghdú.
- Tagann reitineapaite dhiaibéiteach ar dhuine mar thoradh ar dhiaibéiteas agus déanann sé difear do na fuileadáin sa reitine ar chúil na súile.
- Braitheadh reitineapaite i measc 5,000 duine ó 2013.
- Déantar an scagthástáil trí úsáid a bhaint as grianghrafadóireacht speisialta dhigiteach ag breis agus 100 clinic scagthástála ar fud na tíre.
- Tá duine ar bith a bhfuil Diaibéiteas Chineál 1 nó Chineál 2 orthu i mbaol.
- Is féidir amanna agus dátaí coinne a athrú gan stró.
- Glacann coinne thart ar leathuair an chloig.
- Ba cheart do dhuine ar bith a bhfuil comharthaí nó buarthaí orthu cuairt a thabhairt ar a DG.
- **Chun teacht ar eolas breise, glaoigh ar Shaorghlao 1800 45 45 55 nó tabhair cuairt ar www.diabeticretinascreen.ie**

- Is tábhachtach freastal ar do scagthástáil saor in aisce nuair a thugtar cuairt cuireadh duit.
- Leanaimid lena chur in iúl dár rannpháirtithe go gcuirtear na ceithre chlár scagthástála ar siúl do dhaoine laistigh de raon aoise an daonra agus nach seirbhís shiomptómach é.
- Má bhíonn aon bhuarthaí nó comharthaí ar dhuine, spreagaimid go mór dóibh teagmháil a dhéanamh lena DG lena chinntiú go dtugtar an chomhairle cheart dóibh nó go ndéantar iad a atreorú.