

- Free breast x-rays (mammograms) for eligible women every two years.
- The programme is being extended to women aged 69 on a phased basis.
- If an appointment time or date doesn't suit, it can be easily changed.
- Results take just three weeks.
- Most mammogram results are normal.
- BreastCheck is for women who have no symptoms of breast cancer.
- If you have any concerns or symptoms, see your family doctor (GP).
- For more information Freephone 1800 45 45 55 or visit www.breastcheck.ie.

- Free smear tests for women aged 25 to 60.
- Aim is to find changes on the cells of the cervix before they become cancer.
- To arrange your free smear test, make an appointment with any doctor or nurse registered with CervicalCheck.
- Results take just four weeks.
- Most smear test results are normal.
- CervicalCheck is for women who have no symptoms of cervical cancer.
- If you have any concerns or symptoms, see your family doctor (GP).
- For information or details on where to have a smear test Freephone 1800 45 45 55 or visit www.cervicalcheck.ie.

- Free bowel screening for men and women aged 60 to 69 every two years.
- In time the programme will be extended to men and women aged 55-74.
- Aim is to find bowel cancer at the earliest possible stage.
- Screening is by invitation and a test kit is sent directly to your home.
- Results take just four weeks.
- Most results are normal.
- BowelScreen is for men and women who have no symptoms of bowel cancer.
- If you have any concerns or symptoms, see your family doctor (GP).
- For more information Freephone 1800 45 45 55 or visit www.bowelscreen.ie.

- Free diabetic retinopathy screening for people with diabetes aged 12 and over.
- Anybody with Type 1 or Type 2 diabetes is at risk.
- Diabetic RetinaScreen uses special digital photography to look for changes that could affect sight.
- Diabetic retinopathy may not have any symptoms in the early stage.
- When caught early, treatment can reduce or prevent damage to your sight.
- Screening is by invitation.
- An appointment takes about half an hour.
- Results take just three weeks.
- For more information Freephone 1800 45 45 55 or visit www.diabeticretinascreen.ie.



**An tSeirbhís Náisiúnta Scagthástála
National Screening Service**

• The National Screening Service (NSS) is part of the Health Service Executive. The NSS is responsible for Government funded population-based screening programmes – BreastCheck – The National Breast Screening Programme,

CervicalCheck – The National Cervical Screening Programme, BowelScreen – The National Bowel Screening Programme and Diabetic RetinaScreen – The National Diabetic Retinal Screening Programme.

• Equal access is provided to all. For more information or to contact an Access Officer Freephone 1800 45 45 55.
• For more information visit www.screeningservice.ie.

- X-ghathanna cíche (mamagraim) saor in aisce do mhná incháilithe gach dhá bhliain.
- Tá an clár seo á leathnú chun mná atá 69 bliain d'aois a chlúdach ar bhonn céimnithe.
- Is í an aidhm atá leis ná ailse chíche a aimsiú chomh luath agus is féidir, tráth a mbíonn sé níos éasca í a chóireáil.
- Mura bhfeileann am nó dáta an choinne, is féidir í a athrú gan stró.
- Ní thógann sé ach trí seachtaine na torthaí a fháil.
- Bíonn torthaí mamagraim normálta an chuid is mó den am.
- Is do mhná nach bhfuil aon siomptóm d'ailse chíche acu BreastCheck.
- Má tá aon imní ort nó siomptóm ar bith, tabhair cuairt ar do dhochtúir teaghlaigh.
- Saorghlaoigh 1800 45 45 55 chun tuilleadh eolais a fháil nó téigh go dtí www.breastcheck.ie.

- Tástálacha smearaidh in aisce do mhná idir 25 agus 60 bliain d'aois.
- Is í an aidhm atá leis an gclár ná athruithe ar chealla an ceirbheacs a aimsiú sula n-éireoidh siad ailseach.
- Déan coinne le dochtúir nó le haltra atá cláraithe le CervicalCheck chun do thástáil smearaidh in aisce a shocrú.
- Tógann siad díreach ceithre seachtaine chun na torthaí a fháil.
- Bíonn torthaí tástálacha ceirbheacs normálta an chuid is mó den am.
- Is do mhná nach bhfuil aon siomptóm d'ailse cheirbheacs acu CervicalCheck.
- Má tá aon imní ort nó siomptóm ar bith, tabhair cuairt ar do dhochtúir teaghlaigh.
- Chun tuilleadh eolais a fháil nó sonraí faoin áit ar féidir leat tástáil smearaidh a fháil, Saorghlaoigh 1800 45 45 55 nó téigh go dtí www.cervicalcheck.ie.

- Scagthástáil phutóige in aisce d'fhir agus do mhná idir 60 agus 69 bliain d'aois gach dhá bhliain.
- Leathnófar an clár de réir a chéile chun fir agus mná idir 55 agus 74 bliain d'aois a chlúdach.
- Is í an aidhm atá leis ná ailse phutóige a aimsiú chomh luath agus is féidir.
- Is trí chuireadh a dhéantar an scagthástáil agus seolfar trealamh tástála díreach chuig do theach.
- Tógann siad díreach ceithre seachtaine chun na torthaí a fháil.
- Is d'fhir agus do mhná nach bhfuil aon siomptóm ailse phutóige acu BowelScreen.
- Má tá aon imní ort nó siomptóm ar bith, tabhair cuairt ar do dhochtúir teaghlaigh.
- Chun tuilleadh eolais a fháil, Saorghlaoigh 1800 45 45 55 nó téigh go dtí www.bowelscreen.ie.

- Baineann riosca le duine ar bith a bhfuil diaibéiteas Cineál 1 nó Cineál 2 acu.
- Baineann Diabetic RetinaScreen úsáid as grianghrafadóireacht dhigiteach chun athruithe a bhraith a d'fhéadfadh tionchar a imirt ar amharc an duine.
- Seans nach mbainfidh siomptóm ar bith le reitineapaite dhiaibéiteach ag an gcéim luath.
- Má aimsítear go luath é, tá cóir leighis in ann díobháil don amharc a laghdú nó a chosc.
- Is trí chuireadh a dhéantar scagthástáil.
- Ní thógann coinne ach isteach is amach le leathuair.
- Tógann sé trí seachtaine chun na torthaí a fháil.
- Chun tuilleadh eolais a fháil, Saorghlaoigh 1800 45 45 55 nó téigh go dtí www.diabeticretinascreen.ie.



An tSeirbhís Náisiúnta Scagthástála National Screening Service

- Is cuid d'Fheidmeannacht na Seirbhíse Sláinte an tSeirbhís Náisiúnta Scagthástála. Tá an tSeirbhís Náisiúnta Scagthástála freagrach as cláir thástála atá maoinithe ag an Rialtas don daonra trí chéile – BreastCheck – An Clár Náisiúnta Scagthástála Cíoch,

CervicalCheck – An Clár Náisiúnta Scagthástála Ceirbheacs, BowelScreen – An Clár Náisiúnta Scagthástála Putóige agus Diabetic RetinaScreen – An Clár Náisiúnta Scagthástála Reitineapaite Dhaibéiteach.

- Tá na cláir seo oscailte do chách. Chun tuilleadh eolais a fháil nó chun teagmháil a dhéanamh le hOifigeach Rochtana, Saorghlaoigh 1800 45 45 55.
- Chun tuilleadh eolais a fháil, téigh go dtí www.screeningservice.ie.